

THE APPLETON WITH EATON

JULY 2023  
NUMBER 671

# Advertiser

PRODUCED BY THE CHURCH FOR THE COMMUNITY



It was so very kind of you to send me such a wonderfully generous message following the death of my beloved mother. Your most thoughtful words are enormously comforting, and I cannot tell you how deeply they are appreciated at this time of immense sorrow.

*Chauus R*

See  
page 12

Dear Friends,

As St Laurence enters once again into an interregnum (the period between the departure of a Rector and the appointment of their successor) we ask for your support and prayers during this important time.

First, though, we would like to express our thanks to Phil and Isabel for their time here; for their friendship and their contributions to St Laurence church and the wider parish community. We extend our best wishes to them for their move to a new home in Standlake, and pray that they will find joy and fulfillment in their new community and Phil in his new job.

The Church of England lays out a set procedure for the appointment of a new incumbent, which we are required to follow. The PCC will be starting work on this straight away but the process is expected to take between six and ten months. In the meantime, the Churchwardens and PCC together with the Area Dean take on the responsibilities which would normally fall to the Rector. As far as possible we will be continuing 'business as usual'.

We will be arranging clergy and lay people from elsewhere to take most of our church services and our intention is to follow the current pattern. You will find each month's services on the back of the Advertiser and the church noticeboards including the name of the person who will be leading each service.

Home groups and prayer meetings will continue, thanks particularly to Ben & Jane Elvidge and Andy Watson. If you would like to join one, or start a new one, please do let us know.

If you have any questions or concerns about arrangements during the interregnum or the appointment process, please contact one of the Churchwardens or a member of the PCC. We would also be very happy to hear from anyone who would welcome support or guidance on any matter relating to St Laurence church and its service to the wider community.

For all enquiries about baptisms, weddings, funerals, pastoral care or holy communion at home please contact one of the Churchwardens, whose contact details will be found on the back page of the Advertiser.

*With our best wishes*  
*Jane Cranston & Pete Day*  
*Churchwardens*

## Candles for Ukraine

Do you have any old candle ends? At St Laurence Church we are collecting candle-ends to help Ukraine.

Inlight Ukraine is a charity which makes 'trench candles' similar to those used in WW1 and WW2. They are made of empty tin cans, cardboard, and melted candle-wax.

Soldiers in trenches and civilians sheltering in bombed out basements are without heat or light. These simple trench candles burn for several hours, so food and water can be heated and light provided. This makes a lot of difference and raises morale. For further information:  
<https://inlightukraine.com>

There is a collection box in St Laurence Church. Please bring any candle-wax you have and leave it there, and we will take it to an Inlight collection point in Oxford.

*Barbara Payne & Pete Day*

## Songs of Praise

Sunday 13th August  
4.00pm in St Laurence Church

On Sunday 13th August we will be having just one service at St Laurence Church which will be a Songs of Praise, at 4.00pm. We welcome everyone to come to this celebratory service, which will very appropriately be shortly after St Laurence's Day (10th August).

We are inviting people to nominate a favourite hymn or song and would like them to say a few words at the service about what it means for them and why it has been significant in their spiritual journey. If you would like to suggest a hymn or song for this service, please contact Pete Day: 01865 862671;  
[pjm.day202@btinternet.com](mailto:pjm.day202@btinternet.com)

*Pete Day & Jane Cranston –  
Churchwardens*

## Appleton Voluntary Transport Scheme (AVTS)

We arrange transport to medical and dental appointments in Abingdon, Oxford, Witney and Wooton for residents of Appleton, Eaton, Fyfield and Besselsleigh who have no other means of transport. The contact number is 07503 447884. Leave a message if your call is not answered and we will get back to you.

Please note that:

- Covid safety measures remain in force and masks need to be worn
- We need at least 48 hours notice of an appointment
- There is a small charge to cover the driver's costs

Demand for our service is picking up again but we are very short of drivers. If anyone would be happy to help, please do contact us.

## Carry on Screaming

From the savannahs and forests of Africa to the fields and woods of Appleton, the Swift, swift by name and swift by nature, it's the fastest flying bird in level flight, reaching speeds of up to 69mph. They are superb flyers and one of my favourite birds, eating, sleeping, bathing and even mating on the wing. Research has shown that they can spend up to 10 months in the air before landing and only doing so to nest. In Tuscany people used to eat young ones, even building special towers to house them, the Swift equivalent of a dovecot. Apparently they are delicious! Don't try this at home...



Swifts spend just three months of the year in Britain, arriving in early May and leaving in early August. This is a shorter stay than any of our other migratory birds apart from the cuckoo. You'll often hear Swifts before you see them – they make an unmistakeable piercing, high-pitched "scream" and they're particularly noisy and active around nesting colonies. Visually they are medium size, dark in colour, and have long sickle-shaped wings and a forked tail. The tower of the Museum of Natural History in Oxford is home to a breeding colony that has been subject to a research study since 1947.

So pick a comfy spot, lay down with ears pricked and eyes wide. Swifts really are masters of the sky and you might just be surprised what other birds you can see and hear. If there's not a lot of activity you can always have forty winks...

Having mentioned the Cuckoo earlier, I hope you all heard it last month in and around the village, I was lucky enough to see and photograph it outside of my bedroom window.

Also see if you can spot a Hummingbird Hawk-Moth this month. These are large day flying moths that you might see hovering around your flowers gathering nectar with their long proboscis.

If you have a moth ball in one hand and a moth ball in the other, what have you got? A gert great moth!  
Next month: Greatest Of All Time Happy birding!

*Clive  
Charwood House*



## Appleton Village Hall

Suitable for meetings, parties, dances and wedding receptions.  
<https://www.appletonvillagehall.com>

**OH NO!  
NOT ANOTHER**

# QUIZ NIGHT

SAME OLD QUIZMASTER: SAME MIX OF QUESTIONS  
ANOTHER DIFFICULT MUSIC ROUND

**SATURDAY 8 JULY**  
**APPLETON VILLAGE HALL**

**DOORS: 7.30PM**

**QUIZ: 8.00PM**

**£3 PER PERSON**

**BRING A TEAM OR  
JOIN OTHERS ON THE NIGHT  
MAXIMUM OF 6 PEOPLE PER TEAM**

**MONEY RAISED WILL GO TO  
HELP THE EVERGREENS GO ON AN OUTING**



## Appleton WI

On July 20th our meeting will be held in the village hall at 2pm. Julia Miles will entertain us with a talk entitled "Ragbag and Cocktails", Tales by a diplomatic (both meanings?) wife. Intriguing! In August we shall be going to the sports field for a picnic, which will also be a fund raising meeting for a breast cancer charity.

We are planning a jumble sale sometime in October, so start finding those unwanted gifts which may be just what someone else was looking for.

*Elaine Flint 01865 861838*

## Appleton History – Teeth etc.

The north nave of the Church was excavated in 2002 to install underfloor heating; this was overseen by Oxford Archaeology.

Seven burials were found – all in wooden coffins in brick vaults. It seemed that they were all of the Sellwood family of Eaton from about mid 1700s; their average age was a mere 25 years.

Most of the skeletons had bad dental disease. At this time England was importing sugar at a huge rate. It went from 4 pounds/person in 1700 to 20 by 1800; it was a luxury and thus for the wealthy. Dental treatment was mostly limited to pulling teeth out – if only to relieve pain; the puller was anyone who could do it.

I recently had a tooth infection needing a very difficult root canal procedure to clear out two canals.

After this a filler was put into the tiny canals. I asked my dentist what she had put in the empty roots and she said “gutta percha”.

I was surprised, as gutta percha is as old as the hills – at least 150 years. It is a resin from tropical trees - distantly like latex. The dental industry is amazingly inventive but hasn't been able to improve on this natural resin.

It turns out that the Romans had dentists who did root canal procedures. How they blocked the intense pain of pulling raw nerves out of a tooth is a mystery.

*John Evans*



## History Group – time capsule



We are working on our “Coronation Time Capsule” which was launched over the coronation weekend. This is intended to be a digital record of the village for future generations – how we currently live, work and play. We are inviting all residents of the village (adults and children) to submit your experiences about how your lives are lived (anonymously is fine). We will then create a digital database time capsule that will preserve this living record for the future.

We have printed cards that you can use to submit your thoughts and views. These are available from the village shop and from the village website: <https://tinyurl.com/2jvun5ja>

Or, you can submit digitally by emailing [AppletonCapsule2023@gmail.com](mailto:AppletonCapsule2023@gmail.com)

We look forward to hearing from you and creating a living memory of the village.

If you would like any more information, please contact The History Group: Rosie Page, Helen Stedman ([helen\\_stedman@yahoo.co.uk](mailto:helen_stedman@yahoo.co.uk)), or Jackie Lewis ([jackielewisthame@gmail.com](mailto:jackielewisthame@gmail.com))

## Gardening Club

Our final event before closing the club was a visit in April to RHS Wisley Gardens in Surrey. 35 people from Appleton were joined by 12 members of Cumnor Gardening Club. We were divided into smaller groups and taken on guided tours to see the highlights of the gardens. The tulips, in particular, were putting on a wonderful display as well as the cherry blossom and the early flowering azaleas, magnolias and camellias which cover Battleston Hill. We followed the path round to see the colourful display in the Alpine House and then on to the Bicentenary Glasshouse which was surrounded by mass planting of tulips. After the tours ended, we were free to have lunch and explore the rest of the garden at our leisure with time to visit the garden centre and have a cup of tea before returning home.



Although the club is closing, the annual Village Show which will be open to all residents of Appleton will continue. It is being organised by a group of people from Appleton, so look out for more details in the coming weeks.

*Janet Hutton: Hon Sec: 01865 865269*

# Appleton Community Shop news



## Local fruit and veg

The local asparagus will soon finish its season so get yours now (it has been so good people were buying multi-packs). But we still have local tomatoes (bursting with flavour), local potatoes and (drum roll please) incredible local strawberries. No excuse to avoid your 5-a-day.

And look out for green beans and mange tout to jazz up your salads and veg.

## And look out for ...

In the next few weeks we will start to stock nectarines and peaches, so don't miss these.

## Enjoy the sunshine

The sun has been shining on us recently, and we are stocked up so you can make the most of it. We stock sun cream and after sun, disposable BBQs and kindling for firepits. We also have huge marshmallows perfect for s'mores and vegan marshmallows too!



## Did you know ...

That you can get your dry cleaning done at the shop?

### Friday night supper club Green bean salad

#### *Ingredients:*

French beans  
Onion  
Garlic (optional)  
Cherry tomatoes  
Feta cheese  
Olive oil

#### *Method:*

Top, tail and boil green beans until tender. When ready drop them into cold water.  
Finely chop onion and fry until soft. Same with garlic. Chop cherry tomatoes into half (or leave whole).  
Mix everything in a dish, sprinkle with crushed feta and a drizzle of olive oil. Season to taste and serve cold.  
Optional extras: mixed dried herbs, finely sliced red chilli, squeeze of lemon juice.

Pick up everything you need at the shop.



### Shop opening times

Monday-Friday: 7am–6pm  
Saturday: 8am–3pm  
*NOTE longer opening hours 10 June-26 August*  
Sunday: 8am–12noon

### Post office

Mondays and Thursdays, 9am–1pm

Shop telephone: 01865 863191  
Email: [appletonship@gmail.com](mailto:appletonship@gmail.com)  
Follow us:  
<https://www.facebook.com/appletoncommunityshop>

### Splosh!

Last month we announced our new refillable range and sales are starting to grow. We have added a few more lines, and encourage everyone to try them. The washing up liquid is now being used in the shop and we've had positive comments when compared against its most famous competitor. Note, however that it does not froth up as much as its many others, so don't be persuaded to use more – it still de-greases fantastically without the foam.



### Monthly turnover

	2021/22	2022/23	2023/24
May	£21,608	£23,699	£27,338
June	£25,008	£25,008	
July	£26,461	£27,427	
Aug	£23,714	£25,651	
Sept	£22,317	£24,070	
Oct	£21,125	£24,066	
Nov	£21,844	£24,697	
Dec	£24,552	£26,788	
Jan	£20,223	£22,995	
Feb	£18,923	£23,195	
March	£22,318	£27,445	
April	£21,454	£23,622	



## Thanks from the Appleton Artweeks Group

Thank you to everyone who came along and supported us. The exhibition was a great success and we look forward to next year, 18<sup>th</sup> & 19<sup>th</sup> May 2024.



## Green Appleton

### Visit to Long Mead Meadow

We had a fabulous visit to Long Mead Meadow on 7th June. The work that Catriona Bass and her team are doing there is truly amazing. The site is 10ha rare wildflower hay meadow (of which only 4 square miles remain in the UK). We hope to be able to use what we have learnt to inform the churchyard project.

We are so sad to hear that the site may be under threat from cable laying for the proposed Botley West Solar Farm. We will do everything we can to impress upon all how important this site is.

### Bio Blitz

Following on from the Big Help Out Day on 8th May, a wildlife survey was suggested as a start to understanding a little of what Flora and Fauna we have in Appleton. This is quite an undertaking and we decided to start small by having a 'Bio Blitz' at the School Fete on 1st July. The idea of a 'Blitz' is to record the spotting of flora and fauna within a given time span - for us the opening hours of the fete. Green Appleton is using an app to record the data which participants can use on the day and there will also be a hard copy for those who don't have access to the technology. We hope to give you some feedback in the August edition of the Advertiser and we'll be giving you details of how you can get involved too! Watch this Space!

As always please contact us if you have any questions of want to get involved:

[greenappleton2021@gmail.com](mailto:greenappleton2021@gmail.com)

### **A message from newly elected District Councillor Mark Coleman**

*Hello from your newly elected District Councillor.*

*I aim to hold regular surgeries in the village to discuss any Council issues you may have. If you wish to contact me directly, please email me at [mark.coleman@whitehorsedc.gov.uk](mailto:mark.coleman@whitehorsedc.gov.uk).*

*I look forward to working on your behalf.*

*Yours, Mark Coleman*

*Cllr Mark Coleman*

*Thames Ward – Vale of White Horse DC*

## Appleton with Eaton Tennis Club

The Wimbledon Championships are here again and generally cause an upsurge in tennis interest! Unfortunately, we are not able to offer general pay-and-play opportunities to non-Members. However, Membership is not expensive. If you wish to join the Club, please see the website: <https://clubspark.lta.org.uk/AppletonwithEatonTennisClub> (Join Us) for current rates and joining information.

We can also offer Beginner/Taster session coaching for Non-Members, if we get enough interest to run a short course, on Monday evenings. If you would be interested, then please send an email to: [appletonwithheatontennisclub@gmail.com](mailto:appletonwithheatontennisclub@gmail.com)

Our Cardio tennis sessions, on Wednesdays 09.30-10.30, are also open to non-Members as well as Members. It's a great social workout and you don't need any particular tennis skills – if you've picked up a racquet before you will be fine – it's more about the aerobic exercise. If would like to be put on the mailing list for the Cardio sessions, please send an email to Duncan Todd, [dtodd@helant.co.uk](mailto:dtodd@helant.co.uk). Costs are £6.50 for Members £7.50 for Non-Members, per session, payable on the day.



The Club will also be running our Club Tournament Finals Day on Sun 9 Jul – all our welcome to come and see our “finest” compete for the Trophies (from 10am until mid-afternoon) and we hope to have a BBQ available at lunchtime.

***We hope you enjoy a tennis-filled July!***

For more information and to contact the club:

Email: [appletonwithheatontennisclub@gmail.com](mailto:appletonwithheatontennisclub@gmail.com)

Website: <https://clubspark.lta.org.uk/AppletonwithEatonTennisClub>

Facebook: [www.facebook.com/AppletonwithEatonTennisClub/](http://www.facebook.com/AppletonwithEatonTennisClub/)

# News from the Appleton with Eaton Parish Council:

## Letter from Buckingham Palace

The Parish Council has received a lovely thank you note from King Charles III thanking the Council for its words of condolence upon the death of Queen Elizabeth II. Please see the front cover of this month's Advertiser, and the note will be on the noticeboard and the website for all to see.

## Defibrillator in Eaton

The Council has agreed the purchase of a defibrillator in Eaton. The Clerk will be working with Eaton residents as to the placement and some training will be scheduled once it is in place.

## Cost of Living Crisis

The District Council's Discretionary Council Tax Exceptional Hardship Fund is now live and will remain open throughout the 2023/24 financial year. This is a joint funded scheme with OCC and has been set up to help council taxpayers who are facing 'exceptional hardship' to help reduce their council tax liability. More details are available here

<https://www.whitehorsedc.gov.uk/vale-of-white-horse-district-council/council-tax/discretionary-council-tax-exceptional-hardship-fund-ctehf-2023-2024/>.

## Oxford Station Work

Accessible transport from Botley Road to Oxford city centre stopping at Summertown, Jericho and the Westgate can be arranged for those that need assistance.

This is available on Mondays, Wednesdays and Fridays  
West Oxford Community Centre – 10am, 11am and 1:10pm  
Seacourt Bridge – 10:10am, 11:10am, 12:10pm and 1:10pm

Call 01865 768 329 to book wheelchair space. Contact [oxfordphase2@networkrail.co.uk](mailto:oxfordphase2@networkrail.co.uk) for more information.

To learn more about the Oxford station work, visit <https://lineside.networkrail.co.uk/oxfordshireconnect>

*Allison Leigh, Parish Clerk*  
01865 865 876 / [parishclerk.appletonwitheaton@gmail.com](mailto:parishclerk.appletonwitheaton@gmail.com)

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I can provide a full garden design, planting plans or a simple garden report - some ideas of how you could best use your outdoor space and the types of plants that you like and would suit the environment.

**CONTACT LORRAINE:**  
lorraine@cotswoldgardendesigner.co.uk  
07516262560  
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# Advertiser

**Deadline for August issue: 19 July**

## Notices for village organisations:

Email your notice to [editor.advertiser@gmail.com](mailto:editor.advertiser@gmail.com). No formal payment is required, but we ask for a donation to help with running costs of between £5-50. Please liaise with Wanda Todd.

## Advertisements:

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**WI wheelchair is now available for use.** A  
small contribution for maintenance would be  
appreciated.

Contact Jennie Revell 863611

**Appleton website is now**  
[www.appleton-eaton.org](http://www.appleton-eaton.org)

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NOTE: This newsletter is also available  
on the Parish Website. If you do not wish  
your item to be displayed online, please  
inform the Editor. All items are included in  
good faith, and the Appleton with Eaton  
Advertiser cannot take responsibility for  
any content.

# St Laurence Church

## Appleton with Besselsleigh

A growing church eager to serve the community

### SUNDAY SERVICES

#### July 2023

<b>Sunday 2<sup>nd</sup></b>	<b>8.00am</b>	<b>Holy Communion (BCP)</b>
	<b>11.00am</b>	<b>All-Age Service</b> <i>This man welcomes sinners – Luke 15: 1-7</i> followed by Barbecue Farewell to Phil and Isabel
<b>Sunday 9th</b>	<b>10.00am</b>	<b>Holy Communion</b> (Revd Kevin Mentzel)
	<b>6.00pm</b>	<b>Evensong (BCP)</b>
<b>Sunday 16th</b>	<b>10.00am</b>	<b>Holy Communion</b> (Revd Wealands Bell)
<b>Sunday 23rd</b>	<b>10.00am</b>	<b>Holy Communion</b> (Revd Wealands Bell)
	<b>6.00pm</b>	<b>Evensong (BCP)</b>
<b>Sunday 30th</b>	<b>10.00am</b>	<b>Holy Communion</b> (Revd Nigel Knights-Johnson)

Please consult our website for up-to-date information  
[www.stlaurenceappleton.org](http://www.stlaurenceappleton.org)

**The church building is open every day for all to visit**

#### **Who to Contact:**

For enquiries about baptisms, weddings, funerals, pastoral care, holy communion at home and the church building and churchyard, please contact one of the churchwardens:

Jane Cranston: 01865 863681; [jane@cranstonjane.co.uk](mailto:jane@cranstonjane.co.uk) or  
Pete Day: 01865 862671; [pjm.day202@btinternet.com](mailto:pjm.day202@btinternet.com)